

## Early Childhood Family Resources

At-Home Online Activities (New for 06/05)			
Resource	Website Link	About	Ages
Action for Healthy Kids	<a href="https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/">https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/</a>	Healthy activities to do at home	Multi-Age
Cincinnati Children's Hospital	<a href="https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19">https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19</a>	Activity ideas during COVID-19	Multi-Age
Cooking with Kids	<a href="https://cookingwithkids.org">https://cookingwithkids.org</a>	At home cooking activities	Multi-Age
Crayola	<a href="https://www.crayola.com/athome?gclid=EAlaQobChMIo6Koll7r6QIV9giICR1c4ASrEAAYASABEgK9b_D_BwE">https://www.crayola.com/athome?gclid=EAlaQobChMIo6Koll7r6QIV9giICR1c4ASrEAAYASABEgK9b_D_BwE</a>	Variety of coloring activities.	Multi-Age
Georgia Department of Early Care and Learning	<a href="http://www.dec.state.ga.us/PreK/WelcomeToGAPreKAtHome.aspx">http://www.dec.state.ga.us/PreK/WelcomeToGAPreKAtHome.aspx</a>	At home activities for preschoolers.	Preschool
Go Noodle	<a href="https://www.gonoodle.com/for-families/">https://www.gonoodle.com/for-families/</a>	Videos and games for children	Multi-Age
Hatch	<a href="https://www.hatchearlylearning.com/resources/parent">https://www.hatchearlylearning.com/resources/parent</a>	Parent Resources	Preschool
healthikids	<a href="https://www.healthikids.org/blog/resources-for-families-covid-19">https://www.healthikids.org/blog/resources-for-families-covid-19</a>	Activities, physical activities, and educational resources.	Birth - Age 5
Parent Information Center of DE	<a href="https://picofdel.org/">https://picofdel.org/</a>	Variety of Resources and Calendar of Events	Multi-Age
Philly Museums Virtual Tours	<a href="https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours">https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours</a>	Variety of virtual tours of Philadelphia museums.	Multi-Age
Play Works	<a href="https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUbjQT9aWYkjikBbzJNKcp9FID3bgcN-ph3YxSNs">https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUbjQT9aWYkjikBbzJNKcp9FID3bgcN-ph3YxSNs</a>	Play at home playbook. Available in multiple languages.	Multi-Age
Prevent Child Abuse DE	<a href="https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf">https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf</a>	Tips for Parents and Caregivers	Multi-Age

Red Clay School District Early Years Program	<a href="https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375">https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375</a>	Variety of activities for children.	Preschool
REL Southeast	<a href="https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp">https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp</a>	Supporting your child's reading at home	Multi-Age
Safe and Sound	<a href="https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/">https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/</a>	Activities to do at home with kids during COVID-19.	Multi-Age
Statistics in Schools	<a href="#">VeggieTales: Everyone Counts!</a>	Census 2020	Multi-Age
UNICEF	<a href="https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home">https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home</a>	Indoor play ideas to stimulate young children at home.	Birth - Age 8

**How to Talk to Children about COVID-19 (New for 06/05)**

Resource	Website Link	About	Ages
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020">https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020</a>	COVID-19 and Child Development	Multi-Age
Child Mind Institute	<a href="https://childmind.org/coping-during-covid-19-resources-for-parents/">https://childmind.org/coping-during-covid-19-resources-for-parents/</a>	Resources to support parents who may be experiencing additional stress during this time.	Multi-Age
Child Trends	<a href="https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;_hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhWFqqf5IXWRVvG_1gwtR1lZ-JJVkuqj4qQGYH_eOzGQSuGNlklQh7zDABwc-rCqzLVw&amp;_hsmi=85116678">https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;_hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhWFqqf5IXWRVvG_1gwtR1lZ-JJVkuqj4qQGYH_eOzGQSuGNlklQh7zDABwc-rCqzLVw&amp;_hsmi=85116678</a>	Support parents who may be experiencing additional stress during this time.	Multi-Age
Inter-Agency Standing Committee	<a href="https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you">https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you</a>	Storybook on COVID-19, My Hero is You. Available in	Multi-Age

		multiple languages.	
Iris Center	<a href="https://iris.peabody.vanderbilt.edu/module/c19/">https://iris.peabody.vanderbilt.edu/module/c19/</a>	Supporting early learning during the pandemic	Multi-Age
Ready.gov	<a href="https://www.ready.gov/helping-children-cope">https://www.ready.gov/helping-children-cope</a>	Helping children cope in disasters	Multi-Age

Phone Apps (New for 06/05)			
Resource	Website Link	About	Ages
Tembo	<a href="https://www.temboeducationgroup.com">https://www.temboeducationgroup.com</a>	15 minute parent-led activities sent via SMS/text or WhatsApp	Multi-Age
Bright by Text	<a href="https://brightbytext.org/">https://brightbytext.org/</a>	Text message-based platform that provides useful information to parents and caregivers about child development, health, and well-being.	Multi-Age

Community Resources (New for 06/05)		
Resource	Website Link	About
American Academy of Child and Adolescent Psychiatry	<a href="https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx</a>	Resources for helping children and families cope amidst COVID-19
Child Care of America	<a href="https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15">https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15</a>	Webcast- Caring for Children with Special Health Care Needs During COVID-19
Disaster and Community Crisis Center, University of Missouri	<a href="https://dcc.missouri.edu/youth-families.html">https://dcc.missouri.edu/youth-families.html</a>	Building resilience for children and dealing with media coverage of a disaster
DE Libraries	<a href="https://lib.de.us/">https://lib.de.us/</a>	Variety of resources provided by the libraries.
Lifeline	<a href="https://www.usac.org/lifeline/">https://www.usac.org/lifeline/</a>	Lifeline is a federal program that offers a monthly

		benefit of up to \$9.25 towards phone or internet services for eligible subscribers
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At-Home Online Activities			
Resource	Website Link	About	Ages
Abdo Digital	<a href="https://abdodigital.com">https://abdodigital.com</a>	eBooks in English and Spanish	Multi-Age
After School Alliance	<a href="https://boostcafe.org/resource-center/">https://boostcafe.org/resource-center/</a>	Links to a variety of resources	Multi-Age
Amazing Educational Resources	<a href="http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWWhaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQ_ueAxbUDKqsiv7RcXw">http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWWhaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQ_ueAxbUDKqsiv7RcXw</a>	A collection of educational resources for teachers and families.	Preschool - Multi-Age
Animal Cameras at Zoos and Aquariums	<a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a> <a href="https://kids.sandiegozoo.org">https://kids.sandiegozoo.org</a> <a href="https://zooatlanta.org/panda-cam/">https://zooatlanta.org/panda-cam/</a> <a href="https://www.houstonzoo.org/explore/webcams/">https://www.houstonzoo.org/explore/webcams/</a> <a href="https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/">https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/</a>	Explore a virtual field trip with live animal cameras (pandas, beluga whales, tigers and much more).	Multi-Age
Art Education Partnership	<a href="https://www.metmuseum.org/art/online-features/metkids">https://www.metmuseum.org/art/online-features/metkids</a>	Online art related activities	Multi-Age
Books of Belonging with Sarah Dryden Peterson	<a href="https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAAgAwA">https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAAgAwA</a>	Video series of people coming together in picture books read by Harvard professor.	Multi-Age
Boston Public Schools - Kindergarten	<a href="https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c">https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c</a>	Activities for kindergartners.	Age 5
Boston Public Schools - Preschool	<a href="https://drive.google.com/drive/folders/0BzrnOZGxWK9_dVdtNTEwU2g3Mkk">https://drive.google.com/drive/folders/0BzrnOZGxWK9_dVdtNTEwU2g3Mkk</a>	Activities for preschoolers.	Preschool

Brain Dance	<a href="https://www.creativedance.org/about/braindance/">https://www.creativedance.org/about/braindance/</a>	Exercising through dance	Multi-Age
Brain POP	<a href="https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/">https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/</a>	4-minute video, activities, and games	Multi-Age
Bright Horizons	<a href="https://www.brighthorizons.com/family-resources">https://www.brighthorizons.com/family-resources</a>	Learning at home activities, articles, and other resources.	Multi-Age
Center for Disease Control-CDC	<a href="#">Handwashing: a family activity</a>  <a href="https://www.cdc.gov/parents/essentials/structure/building.html">https://www.cdc.gov/parents/essentials/structure/building.html</a>	How to make hand-washing fun.  Building structure at home with children.	Multi-Age
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/resources/covid-19-resources/">https://developingchild.harvard.edu/resources/covid-19-resources/</a>	Activities, parent and caregiver guidance, and other resources.	Multi-Age
Child Care Aware of America	<a href="https://www.childcareaware.org/brain-building-resources/">https://www.childcareaware.org/brain-building-resources/</a>	Activities on brain building moments	Infant - Preschool
Cincinnati Children's Hospital	<a href="https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources">https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources</a>	Home learning, healthy living, and parenting support during COVID-19.	Multi-Age
Cloud9World	<a href="http://www.cloud9world.com/parent-books">http://www.cloud9world.com/parent-books</a>	Parents as emotional coaches books in English and Spanish	Multi-Age
Conscious Discipline	<a href="https://consciousdiscipline.com/free-resources/free-resources/">https://consciousdiscipline.com/free-resources/free-resources/</a>	Printable tools and activities such as songs and chants.	Multi-Age
Countdown to Kindergarten	<a href="http://www.countdowntokindergarten.org/activities/free-summer-activities">http://www.countdowntokindergarten.org/activities/free-summer-activities</a>	Summer activities for entering kindergarten students.	Preschool

Cox Campus	<a href="https://www.coxcampus.org/pop-up-early-learning/">https://www.coxcampus.org/pop-up-early-learning/</a>	Free pop-up early learning classes with recreations of parts of a preschool day to do with your preschooler.	Preschool
Cultivate Learning, University of Washington	<a href="https://cultivatelearning.uw.edu/resource-spotlight/">https://cultivatelearning.uw.edu/resource-spotlight/</a>	Tips and activities for families to lead learning and positive interactions from home.	Multi-Age
CuriOdyssey	<a href="https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAIaIQobChMIhbCI-LW6QIVDODICh3SdwlyEAAAYASAAEgJJNfD_BwE">https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAIaIQobChMIhbCI-LW6QIVDODICh3SdwlyEAAAYASAAEgJJNfD_BwE</a>	Science activities	Multi-Age
Dallas Independent School District	<a href="https://sites.google.com/dallasisd.org/athomelearningplans/elementary-school-students">https://sites.google.com/dallasisd.org/athomelearningplans/elementary-school-students</a>	At home weekly lesson plans in English and Spanish	Preschool-Multi-Age
Dancing Alone Together	<a href="https://dancingalonetogether.org/">https://dancingalonetogether.org/</a>	Dance themed activities	Multi-Age
Day by Day: Maryland	<a href="https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx">https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: New York	<a href="http://daybydayny.org/may-6/">http://daybydayny.org/may-6/</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: Ohio	<a href="http://www.daybydayoh.org/may">http://www.daybydayoh.org/may</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
DE Division of Libraries	<a href="http://delawarelibraries.org/summerreading">delawarelibraries.org/summerreading</a>	Summer reading program	Multi-Age

Delaware Readiness Teams	<a href="https://www.delawarereadinessteam.com/covid-19-resources">https://www.delawarereadinessteam.com/covid-19-resources</a>	First Lady Tracey Quillen Carney reads The Story of The Oyster and The Butterfly (available in Spanish) and other related activities available.	Multi-Age
Development and Research in Early Mathematics Education, Stanford University	<a href="https://familymath.stanford.edu">https://familymath.stanford.edu</a>  English: <a href="https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_english.pdf">https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_english.pdf</a>  Spanish: <a href="https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_spanish.pdf">https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_spanish.pdf</a>	At-home early math learning.	Birth - Age 5
Dr. Yum's Guide to Healthy Eating	<a href="https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources">https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources</a>	Healthy meal planning for families	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook">https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook</a>	Activity Handbook	Preschool
EASEL Lab	<a href="https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf">https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf</a>	Brain games for building focus, remember, and stop and think powers.	Multi-Age
Ed Surge	<a href="https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home">https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home</a>	At home activities	Toddler-Pre school
Education.com	<a href="https://www.education.com/activity/preschool/recipes/">https://www.education.com/activity/preschool/recipes/</a>	Cooking activities	Multi-Age
Explore	<a href="https://explore.org/livecams/currently-live/decorah-eggles">https://explore.org/livecams/currently-live/decorah-eggles</a>	Live animal webcams	Multi-Age

Family Dinner Project	<a href="https://thefamilydinnerproject.org/pandemic-2020-resources/">https://thefamilydinnerproject.org/pandemic-2020-resources/</a>	Food and meal conversation ideas for families.	Multi-Age
FLYOGI	<a href="https://www.flyogi.co/">https://www.flyogi.co/</a>	Free children and families yoga lessons	Multi-Age
Fred Rogers Productions	<a href="https://www.fredrogers.org/coronavirus/">https://www.fredrogers.org/coronavirus/</a>	Virtual events, activities and social initiatives	Preschool
Groundwork Ohio	<a href="https://www.groundworkohio.org/covid19parents">https://www.groundworkohio.org/covid19parents</a>	List of activities for families.	Multi-Age
Hatch	<a href="https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf">https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf</a>	Variety of activities	Preschool
Illinois Early Learning Project	<a href="https://illinoisearlylearning.org/resources/reslists/">https://illinoisearlylearning.org/resources/reslists/</a>	Information on popular topics, projects for preschoolers, and activities.	Multi-Age
Imagination Library: Goodnight with Dolly	<a href="https://imaginationlibrary.com/goodnight-with-dolly/">https://imaginationlibrary.com/goodnight-with-dolly/</a>	Bedtime stories with Dolly Parton	Multi-Age
International Children's Digital Library	<a href="http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11">http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11</a>	Online books in various languages	Toddler - Age 13
Julie's Library	<a href="https://www.julieslibraryshow.org">https://www.julieslibraryshow.org</a>	Julie Andrews reading new stories weekly to children.	Multi-Age
Jumpstart	<a href="https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities">https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities</a>	Arts & crafts activities	Multi-Age
Khan Academy Kids	<a href="https://learn.khanacademy.org/khan-academy-kids/">https://learn.khanacademy.org/khan-academy-kids/</a>	At home activities	Age 2 - Age 7



Kids Health from Nemours	<a href="https://kidshealth.org/en/parents/cooking-preschool.html">https://kidshealth.org/en/parents/cooking-preschool.html</a>	Cooking activities	Multi-Age
Knowbuddy resources	<a href="http://virtual.knowbuddyresources.com/preview/browse#QV077">http://virtual.knowbuddyresources.com/preview/browse#QV077</a>	eBooks in English and Spanish	Multi-Age
Lakeshore	<a href="https://www.lakeshorelearning.com/resources">https://www.lakeshorelearning.com/resources</a>	Crafts and activities	Multi-Age
Love in a Big World	<a href="https://www.youtube.com/watch?v=CIDshtTjRWI&amp;feature=youtu.be">https://www.youtube.com/watch?v=CIDshtTjRWI&amp;feature=youtu.be</a>	How dance relieves stress	Multi-Age
Milwaukee Independent	<a href="http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/">http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/</a>	A free book on coronavirus for children of color	Multi-Age
Minnesota Department of Education	<a href="https://education.mn.gov/MDE/dse/early/highquality/ind/famres/https://www.nhsggc.org.uk/kids/life-skills/play-leisure/">https://education.mn.gov/MDE/dse/early/highquality/ind/famres/https://www.nhsggc.org.uk/kids/life-skills/play-leisure/</a>	Social emotional, language, thinking and physical activities. Other language translations available.	Birth - Age 5
Music School of DE	<a href="http://www.musicschoolofdelaware.org/home.html">http://www.musicschoolofdelaware.org/home.html</a>	Music-related activities	Multi-Age
National Afterschool Association- NASA	<a href="https://activityworks.com/at-home/">https://activityworks.com/at-home/</a>	At home physical activities	School Age
National Association for the Education of Young Children- NAEYC	<a href="https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home">https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home</a>  <a href="#">Message in a Backpack</a>	Prop box ideas  Tips and ideas to share with families about supporting preschool age children's learning at home	Infant - Preschool

	<a href="https://www.naeyc.org/events/woyc/plan-your-event">https://www.naeyc.org/events/woyc/plan-your-event</a>  <a href="https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play">https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play</a>	<p>At-home activities</p> <p>Resources for the importance of play</p>	
National Child Traumatic Stress Network	<a href="https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus">https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus</a>	Stories about fighting the big virus.	Multi-Age
National Head Start Association (NHSA)	<a href="https://www.nhsa.org/educational-resources-learning-home">https://www.nhsa.org/educational-resources-learning-home</a>	Learning at home.	Preschool
NHS: Greater Glasgow and Clyde	<a href="https://www.nhsggc.org.uk/kids/life-skills/">https://www.nhsggc.org.uk/kids/life-skills/</a>	Learning through play, self care, education, sensory differences, and developing child language.	Multi-Age
New York City- Dept. of Education	<a href="https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources">https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources</a>	A variety of books, magazines, and websites	Birth - Age 8
PBS	<a href="#">How to Talk to Your Kids About Coronavirus</a>  <a href="#">PBS Kids Preschool Learning at Home</a>  <a href="https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured">https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured</a>  <a href="https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/">https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/</a>  <a href="https://www.pbs.org/parents/page/read-along">https://www.pbs.org/parents/page/read-along</a>	<p>Includes a list of videos, games, and activities about handwashing and staying healthy</p> <p>Learning at home.</p> <p>Read along videos</p> <p>Social distancing with children</p>	Multi-Age

	<a href="https://pbskids.org/games/music/">https://pbskids.org/games/music/</a>	Read along with celebrities Music games	
Philadelphia Zoo	<a href="https://philadelphiazoo.org/learn/">https://philadelphiazoo.org/learn/</a>	Virtual zoo tours	Multi-Age
Piplo Productions	<a href="http://piploproductions.com/trinka-and-sam-virus/">http://piploproductions.com/trinka-and-sam-virus/</a>	Story about COVID-19 for young children.	Multi-Age
Playbill	<a href="https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19">https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19</a>	Theatre-related activities	Multi-Age
Promise Venture Studio	<a href="https://www.promisestudio.org/covid-caregiver-resources">https://www.promisestudio.org/covid-caregiver-resources</a>	Guide to working with children at home, caregiving advice, and searchable activities.	Multi-Age
QT30- DE Thrives	<a href="https://dethrives.com/qt-30">https://dethrives.com/qt-30</a>	At home activities	Multi-Age
ReadAskChat	<a href="https://readaskchat.net/get-the-app/">https://readaskchat.net/get-the-app/</a>	Free digital library through June 2020 using code 5RVLD4 when registering	Multi-Age
Reading Rockets	<a href="https://www.readingrockets.org/books/fun">https://www.readingrockets.org/books/fun</a>	Reading activities	Birth - Age 8
Ready At Five	<a href="https://www.readyatfive.org/for-parents/activity-cards.html">https://www.readyatfive.org/for-parents/activity-cards.html</a>	Activity cards in English and Spanish.	Age 5
Ready Rosie	<a href="https://readyrosie.com/en/healthyathome/">https://readyrosie.com/en/healthyathome/</a>	Toolkit for parents	Multi-Age

Reggio Children	<a href="https://www.reggiochildren.it/en/athomewiththereggioapproach/">https://www.reggiochildren.it/en/athomewiththereggioapproach/</a>	At home activities with the Reggio Approach	Birth - Age 6
School Community Network	<a href="https://www.schoolcommunitynetwork.org/RFP.aspx">https://www.schoolcommunitynetwork.org/RFP.aspx</a>	Parenting information, parent-child activities, parent education, and tip sheets. Spanish available.	Multi-Age
School District of Philadelphia	<a href="https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/">https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/</a>	Preschool home activities for families.	Preschool
Sesame Street	<a href="https://www.sesamestreet.org/">https://www.sesamestreet.org/</a>  <a href="https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle">https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle</a>	Games , videos, and art  Understanding children's needs and wants	Preschool
Sesame Street in Communities	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>	Health emergency activities and celebrating front line workers	Multi-Age
Stay Home with Candlewick Press	<a href="https://stayhome.candlewick.com/">https://stayhome.candlewick.com/</a>	Story about COVID-19 for young children.	Multi-Age
Tinkergarten	<a href="https://tinkergarten.com/activities">https://tinkergarten.com/activities</a>	Outdoor, play-based learning activities	Birth – Age 8
United States Department of Education	<a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a>	The resources are appropriate for young children to postsecondary students as well as for personnel in education and special education	Multi-Age

		across a wide range of educational topics, such as for early learning, STEM, reading and language learning, and social studies	
United Way of Delaware: Virtual Reading Angels Team	<a href="https://www.facebook.com/UnitedWayofDelaware/">https://www.facebook.com/UnitedWayofDelaware/</a>	Virtual reading through United Way of Delaware	Multi-Age
University of North Carolina - Frank Porter Graham Child Development Institute	<a href="https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting%20children%20with%20autism%20spectrum%20disorder">https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting children with autism spectrum disorder</a>	Toolkit for supporting children with Autism spectrum disorder during COVID-19	Multi-Age
Vooks	<a href="https://www.vooks.com/parent-resources">https://www.vooks.com/parent-resources</a>	Read aloud animated storybooks - 1 month free.	Multi-Age
Vroom	<a href="https://www.vroom.org/">https://www.vroom.org/</a>	Free, science-based tips and tools	Multi-Age
Zero to Three	<a href="https://www.zerotothree.org/resources/3264-at-home-activity-guide">https://www.zerotothree.org/resources/3264-at-home-activity-guide</a> <a href="https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning">https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning</a> <a href="https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how">https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how</a>	<p>Tips for play.</p> <p>How to create routines with your young child while at home.</p> <p>How screen time can be quality time.</p>	Multi-Age

Phone Apps			
Resource	Website Link	About	Ages

Curious Learning	<a href="https://www.curiouslearning.org/">https://www.curiouslearning.org/</a>	Exploration and curiosity activities	Multi-Age
Google	<a href="https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&amp;hl=en_US">https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&amp;hl=en_US</a>	ABC, rhymes, numbers, animal names, and fruit names	Preschool - Kindergarten
InfoOhio	<a href="https://www.infohio.org/early-learning/parents">https://www.infohio.org/early-learning/parents</a>	Brain building, dance, singing and other phone app activities.	Multi-Age
ParentingChaos.com	<a href="https://parentingchaos.com/anxiety-apps-kids/">https://parentingchaos.com/anxiety-apps-kids/</a> <a href="https://www.gonoodle.com">https://www.gonoodle.com</a>	Mental health apps.	Multi-Age
Parent Pal	<a href="https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071">https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071</a>	An all-in-one personal parenting coach, offering tools to take the guesswork out of parenting. Subscription fees waived through June 30, 2020.	Birth - Age 5
Screen Actors Guild-American Federation of Television's SAG-AFTRA Foundation	<a href="#">Actors reading children's books</a>	Steam videos featuring celebrated actors reading children's books alongside creatively produced illustration	Multi-Age
Sesame Street	<a href="#">Sésamo</a>	Games, videos, and activities in Spanish	Preschool

Teaching Strategies Gold	<a href="https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCIsInQiOiJqZUJmWjlhTmV5RjMyZGVsa2Exa2Q5aWtcL2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhlMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wwV2RXNlMwemRcL1Q5NDJSVE9UOGNKIn0%3D">https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCIsInQiOiJqZUJmWjlhTmV5RjMyZGVsa2Exa2Q5aWtcL2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhlMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wwV2RXNlMwemRcL1Q5NDJSVE9UOGNKIn0%3D</a>	At home activities	Infant - Age 2
United States Department of Education	<p><a href="#">Talk, Read, and Sing Together Every Day! Tip Sheets for Families, Caregivers and Early Learning Educators</a></p> <p><a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-+apps+for+families+funded+by+ddoe">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-+apps+for+families+funded+by+ddoe</a></p>	<p>Tip sheets with research-based tips for talking, reading, and singing with children.</p> <p>List of education learning games supported by funding from the U.S. Department of Education and government.</p>	Multi-Age
Vroom	<a href="https://app.vroom.org/">https://app.vroom.org/</a>	Brain building activities	Multi-Age

How to Talk to Children about COVID-19			
Resource	Website Link	About	Ages
American Academy of Pediatrics-AAP	<a href="https://www.aap.org/en-us/Pages/Default.aspx">https://www.aap.org/en-us/Pages/Default.aspx</a>	Variety of information	Multi-Age
Autism Speaks	<p><a href="https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community">https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community</a></p> <p><a href="https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf">https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf</a></p>	<p>Talking to your child with autism about tragedy.</p> <p>eBook about illnesses.</p>	Multi-Age
Better Kid Care- Penn State University Extension	<a href="https://extension.psu.edu/programs/betterkidcare">https://extension.psu.edu/programs/betterkidcare</a>	On-demand trainings and resources	Multi-Age
Child Care Aware of America	<a href="https://info.childcareaware.org/coronavirus-updates#parents">https://info.childcareaware.org/coronavirus-updates#parents</a>	Updates on COVID-19 for parents	Multi-Age

Center for Disease Control- CDC	<a href="#">Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children</a>	How to have conversations with children on COVID-19	Multi-Age
Child Mind Institute	<a href="#">Talking to Kids About the Coronavirus</a>  <a href="https://childmind.org/topics/concerns/responding-to-traumatic-events/">https://childmind.org/topics/concerns/responding-to-traumatic-events/</a>	Advice on having reassuring COVID-19 conversations  Learn how to help children cope with trauma.	Multi-Age
Colegio Oficial la Psicología de Madrid	<a href="https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus">https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus</a>	Spanish ebook about COVID-19	Multi-Age
Delaware Department of Services for Children, Youth and their Families	<a href="https://kids.delaware.gov/information/covid19.shtml">https://kids.delaware.gov/information/covid19.shtml</a>	Supporting children, community resources, and resilience resources.	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies">https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies</a>  <a href="https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times">https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times</a>	Information on dealing with emergencies  Video on decreasing family stress in difficult times	Preschool
Early Childhood Technical Assistance Center	<a href="https://ectacenter.org/topics/disaster/coronavirus-talking.asp">https://ectacenter.org/topics/disaster/coronavirus-talking.asp</a>	Multiple resources such as guidance, toolkits, and handouts on COVID-19 and young children.	Multi-Age
Families Together, Inc.	<a href="https://famielstogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/">https://famielstogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/</a>	Resources for children/youth with disabilities	Multi-Age



Family Shade	<a href="http://www.familyshade.org/technical-assistance/">http://www.familyshade.org/technical-assistance/</a>	Support and Healthcare Alliance DE	Multi-Age
Feelings Wheel	<a href="http://feelingswheel.com">http://feelingswheel.com</a>	Wheel of feelings to support your child's emotional development.	Multi-Age
Generations United	<a href="https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf">https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf</a>	COVID-19 fact sheet for multi-generational families	Multi-Age
My Big Feelings and the Big Bad Virus	<a href="https://www.mybigfeelings.com">https://www.mybigfeelings.com</a>	Pdf book and coloring book on having big feelings during COVID-19	Multi-Age
National Association of School Psychologists	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19</a>	How to have conversations with children on COVID-19	Multi-Age
National Public Radio-NPR	<a href="https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus">https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus</a>	How to have conversations with children on COVID-19	Multi-Age
National Traumatic Stress Network	<a href="https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin">https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin</a>	Information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties	Multi-Age
Nemours, KidsHealth	<a href="https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr">https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr</a>	Parenting and COVID-19.	Multi-Age
New York Life	<a href="https://www.newyorklife.com/foundation/for-families">https://www.newyorklife.com/foundation/for-families</a>	Articles on speaking with your child about death and grief	Multi-Age
NYU Langone Health	<a href="https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic">https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic</a>	Parent's guide for meeting the challenge	Multi-Age

		during to COVID-19 pandemic	
Parents As Teachers - PAT	<a href="https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact_ParentsAsTeachers_ImpactonHealth_5_6_15.pdf">https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact_ParentsAsTeachers_ImpactonHealth_5_6_15.pdf</a>	Parents health fact sheet	Multi-Age
Positive Parenting	<a href="https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/">https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/</a>	Video resource about talking with children about COVID-19	Multi-Age
Sesame Workshop	<a href="https://www.sesameworkshop.org/">https://www.sesameworkshop.org/</a>	Dealing with times of uncertainty	Preschool
Sesame Street Caring	<a href="https://www.sesamestreet.org/caring">https://www.sesamestreet.org/caring</a>	Updated information on caring for children during Covid 19	Multi-Age
Trauma Informed DE	<a href="https://traumainformedde.org/">https://traumainformedde.org/</a>	Trauma informed resources	Multi-Age
Understood	<a href="https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids">https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids</a>	Building resilience in kids: what it means and how to do it	Multi-Age
UNICEF	<a href="https://www.unicef.org/coronavirus/covid-19-parenting-tips">https://www.unicef.org/coronavirus/covid-19-parenting-tips</a>	Parenting tips during COVID-19.	Multi-Age
Zero to Three	<a href="https://www.zerotothree.org/">https://www.zerotothree.org/</a> <a href="https://www.zerotothree.org/resources/series/magic-of-everyday-moments">https://www.zerotothree.org/resources/series/magic-of-everyday-moments</a>	COVID-19 Tips for Families with children ages birth-3.  Videos and articles on improving your child's social, emotional, and intellectual development through interactions with your baby	Birth – Age 3

		during everyday moments.	
Zero to Thrive	<a href="https://zerotothrive.org/covid-19/covid-19-kids/">https://zerotothrive.org/covid-19/covid-19-kids/</a>	Pdf coloring book focused on feelings	Multi-Age

Community Resources		
Resource	Website Link	About
<b>Basic Needs</b>		
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	Case management services, financial literacy education, budget counseling, job readiness, rent/mortgage/utility assistance, diaper bank, food assistance, and resource and referral services.
First State Community Action Agency	<a href="https://www.firststatecaa.org/services.htm">https://www.firststatecaa.org/services.htm</a>	Emergency services, state rental assistance program, comprehensive case management, and other services
Free Diapers	<a href="https://nationaldiaperbanknetwork.org/ember-directory/">https://nationaldiaperbanknetwork.org/ember-directory/</a>	Diaper bank
Delmarva Power	<a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a>	COVID-19 information regarding energy/electric services
National Public Radio	<a href="https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content=">https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content="</a>	Disinfecting groceries
Child Inc DE	<a href="https://www.childinc.com/">https://www.childinc.com/</a>	Variety of services for children & families
Easterseals	<a href="https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html">https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html</a>	Easterseals Relative Respite Program is a program designed to support grandparents or other relatives who are raising children because the parent is no longer able to do so.
<b>Food Distribution</b>		

<p>DE Food Pantries</p> <p>Catholic Charities</p> <p>Food Bank:</p> <p>Fresh EBT</p>	<p><a href="https://www.foodpantries.org/st/delaware">https://www.foodpantries.org/st/delaware</a></p> <p><a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a></p> <p><a href="https://www.fbd.org/">https://www.fbd.org/</a></p> <p><a href="https://www.fbd.org/healthy-pantry-center/">https://www.fbd.org/healthy-pantry-center/</a></p> <p><a href="https://www.fbd.org/program/senior-nutrition/">https://www.fbd.org/program/senior-nutrition/</a></p> <p><a href="https://www.fbd.org/program/mobile-pantry/">https://www.fbd.org/program/mobile-pantry/</a></p> <p><a href="https://www.freshebt.com/state/delaware/">https://www.freshebt.com/state/delaware/</a></p>	<p>Mobile Pantry program.</p> <p>Food distribution site.</p> <p>Healthy Pantry Centers located at our Milford and Newark branches.</p> <p>Senior Nutrition program.</p> <p>Food assistance</p>
<p>The Centre for Addiction and Mental Health</p>	<p><a href="https://www.camh.ca/en/health-info/mental-health-and-covid-19">https://www.camh.ca/en/health-info/mental-health-and-covid-19</a></p>	<p>Mental health and the COVID-19 Pandemic</p>
<p>CorePower Yoga</p>	<p><a href="https://www.corepoweryogaondemand.com/keep-up-your-practice">https://www.corepoweryogaondemand.com/keep-up-your-practice</a></p>	<p>Free on-demand yoga classes</p>
<p>Delaware Immigrant Fund</p>	<p><a href="https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;amp;sdata=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hzy2NoGhS0%3D&amp;amp;reserved=0">https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;amp;sdata=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hzy2NoGhS0%3D&amp;amp;reserved=0</a></p>	<p>Cash assistance for DE immigrants impacted by COVID-19</p>
<p>Delmarva Power</p>	<p><a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a></p>	<p>Support for customers during COVID-19</p>
<p><b>Homeless Families</b></p> <p>DE Housing Authority-Continuum of Care-CoC</p>	<p><a href="https://www.housingalliancede.org/the-delaware-continuum-of-care">https://www.housingalliancede.org/the-delaware-continuum-of-care</a></p> <p><a href="https://www.housingalliancede.org/covid-19-resources">https://www.housingalliancede.org/covid-19-resources</a></p>	<p>The Delaware CoC is a community-based collaborative that ensures a responsive, fair, and just approach to addressing homelessness, and strives to achieve housing for all.</p>

School House Connection	<p><a href="#">COVID-19 and Homelessness:</a></p> <p><a href="https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/">https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/</a></p> <p><a href="#">Strategies for Schools and Early Learning Programs [Get the Strategies]</a></p>	<p>Guidance for Schools and Early Learning Programs.</p> <p>Article on ways to protect infants, toddlers and preschoolers experiencing homelessness during COVID-19.</p>
Kids Healthy Eating Plate	<a href="https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/">https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/</a>	Child-friendly visual for healthy eating while at home.
Library Services	<a href="https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3">https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3</a>	Online library services.
<p><b>Mental Health</b></p> <p>CASEL CARES</p> <p>CDC</p> <p>Center for Pyramid Model Innovations</p> <p>Child Trends</p> <p>Delaware Department of Services for Children Youth &amp; Families</p> <p>Delaware Mental Health Resources and Information</p> <p>Delaware Positive Behavior Support</p> <p>Early Childhood Learning Knowledge Center- ECLKC</p>	<p><a href="https://casel.org/resources-covid">https://casel.org/resources-covid</a></p> <p><a href="https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/managing-stress-anxiety.html">Helping Children Cope with Emergencies https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/managing-stress-anxiety.html</a></p> <p><a href="https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf">https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf</a></p> <p><a href="http://childtrends.org">childtrends.org</a></p> <p><a href="https://kids.delaware.gov/pbhs/families-emergency-services.shtml">https://kids.delaware.gov/pbhs/families-emergency-services.shtml</a></p> <p><a href="https://mentalhealthde.com/">https://mentalhealthde.com/</a></p> <p><a href="http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/">http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/</a></p>	<p>Social emotional resource</p> <p>Coping with emergencies. Managing stress and anxiety.</p> <p>Infographic on helping your child during the pandemic.</p> <p>Ways to promote children’s resilience.</p> <p>DE hotline for de-escalation of crisis situation for children under and over 18 years old.</p> <p>Facts about mental health and wellness, preventing and treating mental illness, suicide prevention and more.</p> <p>Mental Health Resources- COVID-19 Response and Recovery</p>

<p>Echo Autism</p>	<p><a href="https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery">https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery</a></p>	<p>Handouts, websites, and videos on supporting positive behavior at home.</p>
<p>Help is Here Delaware</p>	<p><a href="https://echoautism.org/parent-resources-during-covid-19/">https://echoautism.org/parent-resources-during-covid-19/</a></p>	<p>COVID-19 autism resources</p>
<p>Holistic Elevation</p>	<p><a href="https://www.helpisherede.com/#recovery">https://www.helpisherede.com/#recovery</a></p>	<p>Mental health/addiction recovery</p>
<p>Jewish Family Services</p>	<p><a href="https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main">https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main</a></p>	<p>Teletherapy for DE students and their families.</p>
<p>Mental Health America</p>	<p><a href="https://www.jfsdelaware.org/coronavirus/">https://www.jfsdelaware.org/coronavirus/</a></p>	<p>Remote access to therapy and case management team. JFS OnCALL, an emotional support hotline free to the community.</p>
<p>National Alliance on Mental Illness-NAMI DE</p>	<p><a href="https://mhanational.org/mental-health-month">https://mhanational.org/mental-health-month</a></p>	<p>Mental health toolkit on topics such as finding the positive and connecting with others.</p>
<p>National Association on Mental Illness</p>	<p><a href="https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources">https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources</a></p>	<p>Mental illness resources</p>
<p>National Association of School Psychologists</p>	<p><a href="https://www.nami.org/covid-19-guide">https://www.nami.org/covid-19-guide</a></p>	<p>COVID-19 Guide</p>
<p>National Association of Families for Children’s Mental Health</p>	<p><a href="https://www.nasponlinge.org">https://www.nasponlinge.org</a></p>	<p>Helping children cope.</p>
<p>National Association of Families for Children’s Mental Health</p>	<p><a href="https://www.ffcmh.org/covid-19-resources-for-parents">https://www.ffcmh.org/covid-19-resources-for-parents</a></p>	<p>The collection of resources includes videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic.</p>
<p>National Child Traumatic Stress Network</p>	<p><a href="https://www.ffcmh.org/covid-19-resources-for-parents">https://www.ffcmh.org/covid-19-resources-for-parents</a></p>	<p>Mental illness resources</p>
	<p><a href="https://childcare.gov/covid-19">https://childcare.gov/covid-19</a></p>	

Office of Child Care		ChildCare.gov includes information to help families and child care providers learn more about the impact of COVID-19 in their state or territory, including ways to find emergency care.
Parent Information Center of DE-PIC	<a href="https://picofdel.org/">https://picofdel.org/</a>	Variety of resources for individuals with disabilities
Prevent Child Abuse DE	<a href="#">Prevent Child Abuse Delaware</a>	Parenting in times of crisis
University of DE-DE PBS Project	<a href="http://wh1.oet.udel.edu/pbs/resources-for-families/">http://wh1.oet.udel.edu/pbs/resources-for-families/</a>	Positive behavior and learning at home.
University of Wisconsin-Madison	<a href="https://www.waisman.wisc.edu/covid-19/#coping">https://www.waisman.wisc.edu/covid-19/#coping</a>	Coping
Yale University	<a href="https://covid.yale.edu/resources/cscrecs/">https://covid.yale.edu/resources/cscrecs/</a>	Family resources and suggestions for coping with COVID-19.
Zero To Three	<a href="https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus">https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus</a>	Tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.
Orange Theory	<a href="https://www.orangetheory.com/en-us/at-home/">https://www.orangetheory.com/en-us/at-home/</a>	Daily free workouts
Planet Fitness	<a href="https://www.facebook.com/planetfitness/">https://www.facebook.com/planetfitness/</a>	Free home workouts during COVID-19
<b>Resource and Referral 211</b>	<a href="https://www.delaware211.org/">https://www.delaware211.org/</a>	Connect with nonprofits and agencies in need of support in light of COVID-19.
Children and Families First	<a href="https://www.cffde.org/newsroom">https://www.cffde.org/newsroom</a>	Update on programs and services provided by Children and Families First.
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	
Sexual Assault Response Center	<a href="https://www.rainn.org/about-national-sexual-assault-telephone-hotline">https://www.rainn.org/about-national-sexual-assault-telephone-hotline</a>	Teletherapy for those individuals dealing with domestic and/or sexual violence.

Sesame Street Communities	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>	Community Support during COVID-19
Screening For Life	<a href="https://dhss.delaware.gov/dph/dpc/sfl.html">https://dhss.delaware.gov/dph/dpc/sfl.html</a>	Cancer screening
<b>State and Federal COVID-19 Resources:</b>  2020 Census          Benefits.gov          IRS	<a href="#">Learn more about Census Bureau adjustments due to COVID-19</a>  <a href="#">Nickelodeon</a>  <a href="#">Statistics in Schools</a>  <a href="#">Sesame Street</a>  <a href="https://www.benefits.gov/help/fag/Coronavirus-resources">https://www.benefits.gov/help/fag/Coronavirus-resources</a>  <a href="https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments">https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments</a>  <a href="http://www.irs.gov/coronavirus/non-filers-enter-payment-info-here">www.irs.gov/coronavirus/non-filers-enter-payment-info-here</a>	2020 Census COVID-19 adjustments  Videos, flyers, and social media tools  Resources that can be used for at-home and distance learning.  PSAs, flyers, and worksheets.  Variety of federal government benefits information  COVID-19 tax relief and economic impact payments  How to access stimulus checks without having filed taxes
Sussex County Health Coalition	<a href="https://www.sussexcoalition.org">https://www.sussexcoalition.org</a>	Community resources
<b>Transportation</b> DART	<a href="https://dartfirststate.com/">https://dartfirststate.com/</a>	Rider information, schedules, and updates
<b>Unemployment</b>  Department of Labor	<a href="https://ui.delawareworks.com">https://ui.delawareworks.com</a>	File for unemployment insurance claim
YMCA	<a href="https://virtually.ymcade.org">https://virtually.ymcade.org</a>	Live and on-demand fitness classes, including family classes.



