

**Early Childhood Family Resources**

<b>At-Home Online Activities</b>			
<b>Resource</b>	<b>Website Link</b>	<b>About</b>	<b>Ages</b>
Abdo Digital	<a href="https://abdodigital.com">https://abdodigital.com</a>	eBooks in English and Spanish	Multi-Age
Action for Healthy Kids	<a href="https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/">https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/</a>	Healthy activities to do at home	Multi-Age
After School Alliance	<a href="https://boostcafe.org/resource-center/">https://boostcafe.org/resource-center/</a>	Links to a variety of resources	Multi-Age
Amazing Educational Resources	<a href="http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQueAxbUDKqsiv7RcXw">http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQueAxbUDKqsiv7RcXw</a>	A collection of educational resources for teachers and families.	Preschool - Multi-Age
Animal Cameras at Zoos and Aquariums	<a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a> <a href="https://kids.sandiegozoo.org">https://kids.sandiegozoo.org</a> <a href="https://zooatlanta.org/panda-cam/">https://zooatlanta.org/panda-cam/</a> <a href="https://www.houstonzoo.org/explore/webcams/">https://www.houstonzoo.org/explore/webcams/</a> <a href="https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/">https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/</a>	Explore a virtual field trip with live animal cameras (pandas, beluga whales, tigers and much more).	Multi-Age
Art Education Partnership	<a href="https://www.metmuseum.org/art/online-features/metkids">https://www.metmuseum.org/art/online-features/metkids</a>	Online art related activities	Multi-Age
<b>NEW Baby Talk</b>	<a href="https://www.youtube.com/watch?v=6czxW4R9w2g">https://www.youtube.com/watch?v=6czxW4R9w2g</a>	Video - The still-race experiment shows the damage done when parents stare at their phones	Infant/ Toddler
Books of Belonging with Sarah Dryden Peterson	<a href="https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAaGawA">https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAaGawA</a>	Video series of people coming together in picture books	Multi-Age

		read by Harvard professor.	
Boston Public Schools - Kindergarten	<a href="https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c">https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c</a>	Activities for kindergartners.	Age 5
Boston Public Schools - Preschool	<a href="https://drive.google.com/drive/folders/0BzrnOZGxWK9dVdtNTEwU2g3Mkk">https://drive.google.com/drive/folders/0BzrnOZGxWK9dVdtNTEwU2g3Mkk</a>	Activities for preschoolers.	Preschool
Brain Dance	<a href="https://www.creativedance.org/about/braindance/">https://www.creativedance.org/about/braindance/</a>	Exercising through dance	Multi-Age
Brain POP	<a href="https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/">https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/</a>	4-minute video, activities, and games	Multi-Age
Bright Horizons	<a href="https://www.brighthorizons.com/family-resources">https://www.brighthorizons.com/family-resources</a>	Learning at home activities, articles, and other resources.	Multi-Age
Center for Disease Control-CDC	<a href="#">Handwashing: a family activity</a>  <a href="https://www.cdc.gov/parents/essentials/structure/building.html">https://www.cdc.gov/parents/essentials/structure/building.html</a>	How to make hand-washing fun.  Building structure at home with children.	Multi-Age
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/resources/covid-19-resources/">https://developingchild.harvard.edu/resources/covid-19-resources/</a>	Activities, parent and caregiver guidance, and other resources.	Multi-Age
Child Care Aware of America	<a href="https://www.childcareaware.org/brain-building-resources/">https://www.childcareaware.org/brain-building-resources/</a>	Activities on brain building moments	Infant - Preschool
Cincinnati Children's Hospital	<a href="https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources">https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources</a>  <a href="https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19">https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19</a>	Home learning, healthy living, and parenting support during COVID-19.  Activity ideas during COVID-19	Multi-Age
Cloud9World	<a href="http://www.cloud9world.com/parent-books">http://www.cloud9world.com/parent-books</a>	Parents as emotional coaches books	Multi-Age

		in English and Spanish	
Conscious Discipline	<a href="https://consciousdiscipline.com/free-resources/free-resources/">https://consciousdiscipline.com/free-resources/free-resources/</a>	Printable tools and activities such as songs and chants.	Multi-Age
Cooking with Kids	<a href="https://cookingwithkids.org">https://cookingwithkids.org</a>	At home cooking activities	Multi-Age
Countdown to Kindergarten	<a href="http://www.countdowntokindergarten.org/activities/free-summer-activities">http://www.countdowntokindergarten.org/activities/free-summer-activities</a>	Summer activities for entering kindergarten students.	Preschool
Cox Campus	<a href="https://www.coxcampus.org/pop-up-early-learning/">https://www.coxcampus.org/pop-up-early-learning/</a>	Free pop-up early learning classes with recreations of parts of a preschool day to do with your preschooler.	Preschool
Crayola	<a href="https://www.crayola.com/athome?gclid=EAlaIQobChMlo6Koll7r6QIV9gilCR1c4ASrEAYASABEgK9b_D_BwE">https://www.crayola.com/athome?gclid=EAlaIQobChMlo6Koll7r6QIV9gilCR1c4ASrEAYASABEgK9b_D_BwE</a>	Variety of coloring activities.	Multi-Age
Cultivate Learning, University of Washington	<a href="https://cultivatelearning.uw.edu/resource-spotlight/">https://cultivatelearning.uw.edu/resource-spotlight/</a>	Tips and activities for families to lead learning and positive interactions from home.	Multi-Age
CuriOdyssey	<a href="https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAlaIQobChMIhbCI-LW6QIVDODIC3SdwlyEAYASAAEgJJNfD_BwE">https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAlaIQobChMIhbCI-LW6QIVDODIC3SdwlyEAYASAAEgJJNfD_BwE</a>	Science activities	Multi-Age
Dallas Independent School District	<a href="https://sites.google.com/dallasisd.org/athomelearning/plans/elementary-school-students">https://sites.google.com/dallasisd.org/athomelearning/plans/elementary-school-students</a>	At home weekly lesson plans in English and Spanish	Preschool-Multi-Age
Dancing Alone Together	<a href="https://dancingalonetogether.org/">https://dancingalonetogether.org/</a>	Dance themed activities	Multi-Age
Day by Day: Maryland	<a href="https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx">https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx</a>	Daily songs, activities, book suggestions, and videos	Multi-Age

		through a calendar.	
Day by Day: New York	<a href="http://daybydayny.org/may-6/">http://daybydayny.org/may-6/</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: Ohio	<a href="http://www.daybydayoh.org/may">http://www.daybydayoh.org/may</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Delaware Division of Libraries	<a href="http://delawarelibraries.org/summerreading">delawarelibraries.org/summerreading</a>	Summer reading program	Multi-Age
Delaware Readiness Teams	<a href="https://www.delawarereadinessteam.com/covid-19-resources">https://www.delawarereadinessteam.com/covid-19-resources</a>	First Lady Tracey Quillen Carney reads The Story of The Oyster and The Butterfly (available in Spanish) and other related activities available.	Multi-Age
Development and Research in Early Mathematics Education, Stanford University	<a href="https://familymath.stanford.edu">https://familymath.stanford.edu</a>  English: <a href="https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_english.pdf">https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_english.pdf</a>  Spanish: <a href="https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_spanish.pdf">https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_spanish.pdf</a>	At-home early math learning.	Birth - Age 5
Dr. Yum's Guide to Healthy Eating	<a href="https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources">https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources</a>	Healthy meal planning for families	Multi-Age

NEW Early Childhood Learning Knowledge Center - ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook">https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook</a>  <a href="https://hendall.createsend1.com/t/ViewEmail/j/24C6CDCACB85B0962540EF23F30FEDED/D9520FC37F3D014D44D0DD5392A9C75A?cid=5561b558506d4148b078a6f28f05cac2">https://hendall.createsend1.com/t/ViewEmail/j/24C6CDCACB85B0962540EF23F30FEDED/D9520FC37F3D014D44D0DD5392A9C75A?cid=5561b558506d4148b078a6f28f05cac2</a>	Activity Handbook  Literacy	Preschool
EASEL Lab	<a href="https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf">https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf</a>	Brain games for building focus, remember, and stop and think powers.	Multi-Age
Ed Surge	<a href="https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home">https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home</a>	At home activities	Toddler-Preschool
Education.com	<a href="https://www.education.com/activity/preschool/recipes/">https://www.education.com/activity/preschool/recipes/</a>	Cooking activities	Multi-Age
Explore	<a href="https://explore.org/livecams/currently-live/decorah-eagles">https://explore.org/livecams/currently-live/decorah-eagles</a>	Live animal webcams	Multi-Age
Family Dinner Project	<a href="https://thefamilydinnerproject.org/pandemic-2020-resources/">https://thefamilydinnerproject.org/pandemic-2020-resources/</a>	Food and meal conversation ideas for families.	Multi-Age
FLYOGI	<a href="https://www.flyogi.co/">https://www.flyogi.co/</a>	Free children and families yoga lessons	Multi-Age
Fred Rogers Productions	<a href="https://www.fredrogers.org/coronavirus/">https://www.fredrogers.org/coronavirus/</a>	Virtual events, activities and social initiatives	Preschool
Georgia Department of Early Care and Learning	<a href="http://www.dec.state.ga.gov/PreK/WelcomeToGAPreKAtHome.aspx">http://www.dec.state.ga.gov/PreK/WelcomeToGAPreKAtHome.aspx</a>	At home activities for preschoolers.	Preschool
Go Noodle	<a href="https://www.gonoodle.com/for-families/">https://www.gonoodle.com/for-families/</a>	Videos and games for children	Multi-Age
Groundwork Ohio	<a href="https://www.groundworkohio.org/covid19parents">https://www.groundworkohio.org/covid19parents</a>	List of activities for families.	Multi-Age

Hatch	<a href="https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf">https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf</a> <a href="https://www.hatchearlylearning.com/resources/parent">https://www.hatchearlylearning.com/resources/parent</a>	Variety of activities Parent resources	Preschool
healthkids	<a href="https://www.healthkids.org/blog/resources-for-families-covid-19">https://www.healthkids.org/blog/resources-for-families-covid-19</a>	Activities, physical activities, and educational resources.	Birth - Age 5
Illinois Early Learning Project	<a href="https://illinoisearlylearning.org/resources/reslists/">https://illinoisearlylearning.org/resources/reslists/</a>	Information on popular topics, projects for preschoolers, and activities.	Multi-Age
Imagination Library: Goodnight with Dolly	<a href="https://imaginationlibrary.com/goodnight-with-dolly/">https://imaginationlibrary.com/goodnight-with-dolly/</a>	Bedtime stories with Dolly Parton	Multi-Age
International Children's Digital Library	<a href="http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11">http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11</a>	Online books in various languages	Toddler - Age 13
Julie's Library	<a href="https://www.julieslibraryshow.org">https://www.julieslibraryshow.org</a>	Julie Andrews reading new stories weekly to children.	Multi-Age
Jumpstart	<a href="https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities">https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities</a>	Arts & crafts activities	Multi-Age
Khan Academy Kids	<a href="https://learn.khanacademy.org/khan-academy-kids/">https://learn.khanacademy.org/khan-academy-kids/</a>	At home activities	Age 2 - Age 7
Kids Health from Nemours	<a href="https://kidshealth.org/en/parents/cooking-preschool.html">https://kidshealth.org/en/parents/cooking-preschool.html</a>	Cooking activities	Multi-Age
Knowbuddy resources	<a href="http://virtual.knowbuddyresources.com/preview/browse#QV077">http://virtual.knowbuddyresources.com/preview/browse#QV077</a>	eBooks in English and Spanish	Multi-Age
Lakeshore	<a href="https://www.lakeshorelearning.com/resources">https://www.lakeshorelearning.com/resources</a>	Crafts and activities	Multi-Age

Love in a Big World	<a href="https://www.youtube.com/watch?v=CIDshtTjRWI&amp;feature=youtu.be">https://www.youtube.com/watch?v=CIDshtTjRWI&amp;feature=youtu.be</a>	How dance relieves stress	Multi-Age
Milwaukee Independent	<a href="http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/">http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/</a>	A free book on coronavirus for children of color	Multi-Age
Minnesota Department of Education	<a href="https://education.mn.gov/MDE/dse/early/highquality/ind/famres/https://www.nhsggc.org.uk/kids/life-skills/play-leisure/">https://education.mn.gov/MDE/dse/early/highquality/ind/famres/https://www.nhsggc.org.uk/kids/life-skills/play-leisure/</a>	Social emotional, language, thinking and physical activities. Other language translations available.	Birth - Age 5
Music School of DE	<a href="http://www.musicschoolofdelaware.org/home.html">http://www.musicschoolofdelaware.org/home.html</a>	Music-related activities	Multi-Age
National Afterschool Association- NASA	<a href="https://activityworks.com/at-home/">https://activityworks.com/at-home/</a>	At home physical activities	School Age
National Association for the Education of Young Children- NAEYC	<a href="https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home">https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home</a>  <a href="#">Message in a Backpack</a>  <a href="https://www.naeyc.org/events/woyc/plan-your-event">https://www.naeyc.org/events/woyc/plan-your-event</a>  <a href="https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play">https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play</a>	Prop box ideas  Tips and ideas to share with families about supporting preschool age children's learning at home  At-home activities  Resources for the importance of play	Infant - Preschool
National Child Traumatic Stress Network	<a href="https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus">https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus</a>	Stories about fighting the big virus.	Multi-Age

National Head Start Association (NHSA)	<a href="https://www.nhsa.org/educational-resources-learning-home">https://www.nhsa.org/educational-resources-learning-home</a>	Learning at home.	Preschool
National Head Start: Greater Glasgow and Clyde	<a href="https://www.nhsggc.org.uk/kids/life-skills/">https://www.nhsggc.org.uk/kids/life-skills/</a>	Learning through play, self care, education, sensory differences, and developing child language.	Multi-Age
New York City- Dept. of Education	<a href="https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources">https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources</a>	A variety of books, magazines, and websites	Birth - Age 8
Parent Information Center of DE	<a href="https://picofdel.org/">https://picofdel.org/</a>	Variety of Resources and Calendar of Events	Multi-Age



<p><b>NEW PBS</b></p>	<p><a href="https://pbskids.org/heroelementary/?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://pbskids.org/heroelementary/?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a></p> <p><a href="#">How to Talk to Your Kids About Coronavirus</a></p> <p><a href="#">PBS Kids Preschool Learning at Home</a></p> <p><a href="https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured">https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured</a></p> <p><a href="https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/">https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/</a></p> <p><a href="https://www.pbs.org/parents/page/read-along">https://www.pbs.org/parents/page/read-along</a></p> <p><a href="https://pbskids.org/games/music/">https://pbskids.org/games/music/</a></p> <p><b>Molly of Denali</b></p> <p><b>Elinor Wonders Why</b></p>	<p>Hero Elementary pushes children to think like scientists and to solve problems that touch on social issues, like kindness and empathy.</p> <p>Includes a list of videos, games, and activities about handwashing and staying healthy</p> <p>Learning at home.</p> <p>Read along videos</p> <p>Social distancing with children</p> <p>Read along with celebrities</p> <p>Music games</p> <p>Games, Activities</p> <p>Games, Activities</p>	<p>Multi-Age</p>
<p><b>NEW Pennsylvania's Promise for Children</b></p>	<p><a href="https://papromiseforchildren.com/learning-is-everywhere/">https://papromiseforchildren.com/learning-is-everywhere/</a></p>	<p>Different themed activities to do at home</p>	<p>Multi-Age</p>

Philadelphia Zoo	<a href="https://philadelphiazoo.org/learn/">https://philadelphiazoo.org/learn/</a>	Virtual zoo tours	Multi-Age
Philly Museums Virtual Tours	<a href="https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours">https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours</a>	Variety of virtual tours of Philadelphia museums.	Multi-Age
Piplo Productions	<a href="http://piploproductions.com/trinka-and-sam-virus/">http://piploproductions.com/trinka-and-sam-virus/</a>	Story about COVID-19 for young children.	Multi-Age
Playbill	<a href="https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19">https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19</a>	Theatre-related activities	Multi-Age
Play Works	<a href="https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUUbQT9aWYkjkBbzJNKcp9FID3bgcN-ph3YxSNs">https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUUbQT9aWYkjkBbzJNKcp9FID3bgcN-ph3YxSNs</a>	Play at home playbook. Available in multiple languages.	Multi-Age
Prevent Child Abuse DE	<a href="https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf">https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf</a>	Tips for Parents and Caregivers	Multi-Age
Promise Venture Studio	<a href="https://www.promisestudio.org/covid-caregiver-resources">https://www.promisestudio.org/covid-caregiver-resources</a>	Guide to working with children at home, caregiving advice, and searchable activities.	Multi-Age
QT30- DE Thrives	<a href="https://dethrives.com/qt-30">https://dethrives.com/qt-30</a>	At home activities	Multi-Age
Read Aloud	<a href="https://readaloud.org">https://readaloud.org</a>	Reading for 15 minutes a day	Multi-Age
ReadAskChat	<a href="https://readaskchat.net/get-the-app/">https://readaskchat.net/get-the-app/</a>	Free digital library through June 2020 using code	Multi-Age

		5RVLD4 when registering	
Reading Rockets	<a href="https://www.readingrockets.org/books/fun">https://www.readingrockets.org/books/fun</a>	Reading activities	Birth - Age 8
Ready At Five	<a href="https://www.readyatfive.org/for-parents/activity-cards.html">https://www.readyatfive.org/for-parents/activity-cards.html</a>	Activity cards in English and Spanish.	Age 5
Ready Rosie	<a href="https://readyrosie.com/en/healthyathome/">https://readyrosie.com/en/healthyathome/</a>	Toolkit for parents	Multi-Age
Red Clay School District Early Years Program	<a href="https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375">https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375</a>	Variety of activities for children.	Preschool
Reggio Children	<a href="https://www.reggiochildren.it/en/athomewiththereggioapproach/">https://www.reggiochildren.it/en/athomewiththereggioapproach/</a>	At home activities with the Reggio Approach	Birth - Age 6
<b>NEW Regional Educational Laboratory Program</b>	<a href="https://ies.ed.gov/ncee/edlabs/regions/midwest/blogs/online-education-young-learners.aspx">https://ies.ed.gov/ncee/edlabs/regions/midwest/blogs/online-education-young-learners.aspx</a>  <a href="https://ies.ed.gov/ncee/edlabs/regions/pacific/blogs/blog30_supporting-positive-at-home-behaviors-among-elementary-students.asp">https://ies.ed.gov/ncee/edlabs/regions/pacific/blogs/blog30_supporting-positive-at-home-behaviors-among-elementary-students.asp</a>  <a href="https://ies.ed.gov/ncee/edlabs/regions/central/resources/teachingearlymath/index.asp">https://ies.ed.gov/ncee/edlabs/regions/central/resources/teachingearlymath/index.asp</a>	<p>Article on tips for online learning for young children</p> <p>Supporting at home learning for elementary aged children</p> <p>Teaching math to young children for families</p>	Birth - Age 8
REL Mid-Atlantic	<a href="https://ies.ed.gov/ncee/edlabs/regions/midatlantic/app/Docs/Infographics/Tips_for_Supporting_Elementary_Writing_Skills_at_Home_508.pdf">https://ies.ed.gov/ncee/edlabs/regions/midatlantic/app/Docs/Infographics/Tips_for_Supporting_Elementary_Writing_Skills_at_Home_508.pdf</a>	Supporting elementary writing skills at home	Elementary school age
REL Southeast	<a href="https://www.youtube.com/playlist?list=PLVHqsnePfulqzbnu1BZf50y7HFgGNZp6v&amp;utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term">https://www.youtube.com/playlist?list=PLVHqsnePfulqzbnu1BZf50y7HFgGNZp6v&amp;utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term</a>  <a href="https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp">https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp</a>	YouTube family involvement guide	Multi-Age

		Supporting your child's reading at home	
Safe and Sound	<a href="https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/">https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/</a>	Activities to do at home with kids during COVID-19.	Multi-Age
School Community Network	<a href="https://www.schoolcommunitynetwork.org/RFP.aspx">https://www.schoolcommunitynetwork.org/RFP.aspx</a>	Parenting information, parent-child activities, parent education, and tip sheets. Spanish available.	Multi-Age
School District of Philadelphia	<a href="https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/">https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/</a>	Preschool home activities for families.	Preschool
<b>NEW Sesame Street</b>	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>  <a href="https://www.youtube.com/playlist?list=PLQJaFRtaBs0pN4OSii1WBQyWj5FYxCBjr">https://www.youtube.com/playlist?list=PLQJaFRtaBs0pN4OSii1WBQyWj5FYxCBjr</a> <a href="https://www.youtube.com/playlist?list=PLQJaFRtaBs0q_w-SpwqP1tm0gZtn_6EZ9">https://www.youtube.com/playlist?list=PLQJaFRtaBs0q_w-SpwqP1tm0gZtn_6EZ9</a> (SPANISH)  <a href="https://www.sesamestreet.org/">https://www.sesamestreet.org/</a>  <a href="https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle">https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle</a>  <a href="https://sesamestreetincommunities.org/topics/incarceration/?activity=artmaker-draw-it-out">https://sesamestreetincommunities.org/topics/incarceration/?activity=artmaker-draw-it-out</a>	Health emergency activities  YouTube health emergency (English and Spanish)  Games , videos, and art  Understanding children's needs and wants  Art Maker: Draw It Out	Preschool
<b>NEW Sesame Street in Communities</b>	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>  <a href="https://www2.sesame.org">https://www2.sesame.org</a>	Health emergency activities and celebrating front line workers	Multi-Age

	<a href="https://sesamestreetincommunities.org/topics/emotions/?activity=feeling-faces">https://sesamestreetincommunities.org/topics/emotions/?activity=feeling-faces</a>	Sensory Activities  Feeling Faces	
Statistics in Schools	<a href="#">VeggieTales: Everyone Counts!</a>	Census 2020	Multi-Age
Stay Home with Candlewick Press	<a href="https://stayhome.candlewick.com/">https://stayhome.candlewick.com/</a>	Story about COVID-19 for young children.	Multi-Age
<b>NEW Tinkergarten</b>	<a href="https://tinkergarten.com/activities">https://tinkergarten.com/activities</a>  <a href="https://tinkergarten.com/playbook">tinkergarten.com/playbook</a>	Outdoor, play-based learning activities	Birth – Age 8
UNICEF	<a href="https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home">https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home</a>	Indoor play ideas to stimulate young children at home.	Birth - Age 8
United States Department of Education	<a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a>	The resources are appropriate for young children to postsecondary students as well as for personnel in education and special education across a wide range of educational topics, such as for early learning, STEM, reading and language learning, and social studies	Multi-Age
United Way of Delaware: Virtual Reading Angels Team	<a href="https://www.facebook.com/UnitedWayofDelaware/">https://www.facebook.com/UnitedWayofDelaware/</a>	Virtual reading through United Way of Delaware	Multi-Age

University of North Carolina - Frank Porter Graham Child Development Institute	<a href="https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting%20children%20with%20autism%20spectrum%20disorder">https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting children with autism spectrum disorder</a>	Toolkit for supporting children with Autism spectrum disorder during COVID-19	Multi-Age
Vooks	<a href="https://www.vooks.com/parent-resources">https://www.vooks.com/parent-resources</a>	Read aloud animated storybooks - 1 month free.	Multi-Age
Vroom	<a href="https://www.vroom.org/">https://www.vroom.org/</a>	Free, science-based tips and tools	Multi-Age
The Washington Post	<a href="https://www.washingtonpost.com/lifestyle/2020/04/28/parents-guide-education-resources-coronavirus/?arc404=true">https://www.washingtonpost.com/lifestyle/2020/04/28/parents-guide-education-resources-coronavirus/?arc404=true</a>	The ultimate parent's guide to summer activity resources	Multi-Age
WIDA	<a href="https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-ENGLISH.pdf">https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-ENGLISH.pdf</a> (English) <a href="https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-SPANISH.pdf">https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-SPANISH.pdf</a> (Spanish)	Learning language activities for families.	Multi-Age
Zero to Three	<a href="https://www.zerotothree.org/resources/3264-at-home-activity-guide">https://www.zerotothree.org/resources/3264-at-home-activity-guide</a> <a href="https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning">https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning</a> <a href="https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how">https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how</a>	Tips for play.  How to create routines with your young child while at home.  How screen time can be quality time.	Multi-Age

Phone Apps			
Resource	Website Link	About	Ages
Bright by Text	<a href="https://brightbytext.org/">https://brightbytext.org/</a>	Text message-based platform that provides useful information to parents and	Multi-Age

		caregivers about child development, health, and well-being.	
Caribu	<a href="https://apps.apple.com/us/app/caribu-video-calls-kids-love/id763451959">https://apps.apple.com/us/app/caribu-video-calls-kids-love/id763451959</a>	Interactive video calls. You can draw together, read bedtime stories, solve puzzles, cook, and even visit museums in real-time.	Multi-Age
Curious Learning	<a href="https://www.curiouslearning.org/">https://www.curiouslearning.org/</a>	Exploration and curiosity activities	Multi-Age
Google	<a href="https://play.google.com/store/apps/details?id=earlylearn.kidslearningworld&amp;hl=en_US">https://play.google.com/store/apps/details?id=earlylearn.kidslearningworld&amp;hl=en_US</a>	ABC, rhymes, numbers, animal names, and fruit names	Preschool - Kindergarten
InfoOhio	<a href="https://www.infohio.org/early-learning/parents">https://www.infohio.org/early-learning/parents</a>	Brain building, dance, singing and other phone app activities.	Multi-Age
NEW My Kid's Time	<a href="https://www.mykidstime.com/entertainment/educational-apps-for-preschoolers/#:~:text=%20The%20Best%20Educational%20Apps%20for%20Preschoolers%20,Farmer%20Jo%20around%20the%20farm%20in...%20More%20">https://www.mykidstime.com/entertainment/educational-apps-for-preschoolers/#:~:text=%20The%20Best%20Educational%20Apps%20for%20Preschoolers%20,Farmer%20Jo%20around%20the%20farm%20in...%20More%20</a>	Activities for Preschool Learning	Preschool
ParentingChaos.com	<a href="https://parentingchaos.com/anxiety-apps-kids/">https://parentingchaos.com/anxiety-apps-kids/</a> <a href="https://www.gonoodle.com">https://www.gonoodle.com</a>	Mental health apps.	Multi-Age
Parent Pal	<a href="https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071">https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071</a>	An all-in-one personal parenting coach, offering tools to take the guesswork out of	Birth - Age 5

		parenting. Subscription fees waived through June 30, 2020.	
Positive Parenting	<a href="https://positiveparentingnews.org/news-reports/tips-to-build-screen-sense/">https://positiveparentingnews.org/news-reports/tips-to-build-screen-sense/</a>	Tips on using screens for young children's learning	Multi-Age
Screen Actors Guild-American Federation of Television's SAG-AFTRA Foundation	<u>Actors reading children's books</u>	Steam videos featuring celebrated actors reading children's books alongside creatively produced illustration	Multi-Age
Sesame Street	<u>Sésamo</u>	Games, videos, and activities in Spanish	Preschool
Teaching Strategies GOLD	<a href="https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCIsInQiOiJqZUJmWjIhTmV5RjMyZGVsa2Exa2Q5aWtcl2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhlMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNlMwemRcl1Q5NDJSVE9UOGNKIn0%3D">https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCIsInQiOiJqZUJmWjIhTmV5RjMyZGVsa2Exa2Q5aWtcl2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhlMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNlMwemRcl1Q5NDJSVE9UOGNKIn0%3D</a>	At home activities	Infant - Age 2
Tembo	<a href="https://www.temboeducationgroup.com">https://www.temboeducationgroup.com</a>	15 minute parent-led activities sent via SMS/text or WhatsApp	Multi-Age
United States Department of Education	<u>Talk, Read, and Sing Together Every Day! Tip Sheets for Families, Caregivers aWhatnd Early Learning Educators</u>  <a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=</a>	Tip sheets with research-based tips for talking, reading, and singing with children.  List of education	Multi-Age



	<a href="#">&amp;utm_source=govdelivery&amp;utm_term=- apps for families funded by ddoe</a>	learning games supported by funding from the U.S. Department of Education and government.	
Vroom	<a href="https://app.vroom.org/">https://app.vroom.org/</a>	Brain building activities	Multi-Age

How to Talk to Children about COVID-19, racial injustice, and other difficult topics			
Resource	Website Link	About	Ages
American Academy of Pediatrics-AAP	<a href="https://www.aap.org/en-us/Pages/Default.aspx">https://www.aap.org/en-us/Pages/Default.aspx</a>	Variety of information	Multi-Age
Autism Speaks	<a href="https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community">https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community</a>  <a href="https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf">https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf</a>	Talking to your child with autism about tragedy.  eBook about illnesses.	Multi-Age
Better Kid Care- Penn State University Extension	<a href="https://extension.psu.edu/programs/betterkidcare">https://extension.psu.edu/programs/betterkidcare</a>	On-demand trainings and resources	Multi-Age
Child Care Aware of America	<a href="https://info.childcareaware.org/coronavirus-updates#parents">https://info.childcareaware.org/coronavirus-updates#parents</a>	Updates on COVID-19 for parents	Multi-Age
Center for Disease Control- CDC	<a href="#">Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children</a>	How to have conversations with children on COVID-19	Multi-Age
NEW Center for Early Childhood Mental Health	<a href="https://www.ecmhc.org/ideas/dissapointment.html">https://www.ecmhc.org/ideas/dissapointment.html</a>	Ideas for teaching children about handling disappointment/different emotions	Multi-Age
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020">https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020</a>	COVID-19 and Child Development	Multi-Age

Child Mind Institute	<p><a href="#">Talking to Kids About the Coronavirus</a></p> <p><a href="https://childmind.org/topics/concerns/responding-to-traumatic-events/">https://childmind.org/topics/concerns/responding-to-traumatic-events/</a></p> <p><a href="https://childmind.org/coping-during-covid-19-resources-for-parents/">https://childmind.org/coping-during-covid-19-resources-for-parents/</a></p>	<p>Advice on having reassuring COVID-19 conversations</p> <p>Learn how to help children cope with trauma.</p> <p>Resources to support parents who may be experiencing additional stress during this time.</p>	Multi-Age
Child Trends	<p><a href="https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhwWFqqf5IXWRVyG_1gwtr11Z-JJVkuqj4qQGYH_eOzGQSuGNiKlQh7zDABwcrCqzLVw&amp;hsmi=85116678">https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhwWFqqf5IXWRVyG_1gwtr11Z-JJVkuqj4qQGYH_eOzGQSuGNiKlQh7zDABwcrCqzLVw&amp;hsmi=85116678</a></p>	Support parents who may be experiencing additional stress during this time.	Multi-Age
Colegio Oficial la Psicología de Madrid	<p><a href="https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus">https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus</a></p>	Spanish ebook about COVID-19	Multi-Age
Delaware Department of Services for Children, Youth and their Families	<p><a href="https://kids.delaware.gov/information/covid19.shtml">https://kids.delaware.gov/information/covid19.shtml</a></p>	Supporting children, community resources, and resilience resources.	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	<p><a href="https://eclkc.ohs.acf.hhs.gov/blog/helping-children-thrive-during-covid-19-pandemic?utm_medium=email&amp;utm_campaign=OHS%20E-blast%20New%20content%20e-blast%20for%20June&amp;utm_content=OHS%20E-blast%20New%20content%20e-blast%20for%20June+CID_6f421a729cce9ed28464af42d48a38dd&amp;utm_source=CM%20Eblast&amp;utm_term=Hel">https://eclkc.ohs.acf.hhs.gov/blog/helping-children-thrive-during-covid-19-pandemic?utm_medium=email&amp;utm_campaign=OHS%20E-blast%20New%20content%20e-blast%20for%20June&amp;utm_content=OHS%20E-blast%20New%20content%20e-blast%20for%20June+CID_6f421a729cce9ed28464af42d48a38dd&amp;utm_source=CM%20Eblast&amp;utm_term=Hel</a></p>	Blog on helping children thrive in COVID-19.	Preschool

	<p><a href="https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies">ping%20Children%20Thrive%20During%20the%20COVID-19%20Pandemic&amp;cid=6f421a729cce9ed28464af42d48a38dd</a></p> <p><a href="https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times">https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies</a></p> <p><a href="https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times">https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times</a></p>	<p>Information on dealing with emergencies</p> <p>Video on decreasing family stress in difficult times</p>	
NEW Early Childhood Technical Assistance Center	<p><a href="https://ectacenter.org/topics/disaster/coronavirus-talking.asp">https://ectacenter.org/topics/disaster/coronavirus-talking.asp</a></p> <p><a href="https://ectacenter.org/~pdfs/topics/disaster/ECTA-COVID-19-Family-Resources.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://ectacenter.org/~pdfs/topics/disaster/ECTA-COVID-19-Family-Resources.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a></p>	Multiple resources such as guidance, toolkits, and handouts on COVID-19 and young children.	Multi-Age
Families Together, Inc.	<a href="https://famiestogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/">https://famiestogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/</a>	Resources for children/youth with disabilities	Multi-Age
Family Shade	<a href="http://www.familyshade.org/technical-assistance/">http://www.familyshade.org/technical-assistance/</a>	Support and Healthcare Alliance DE	Multi-Age
Feelings Wheel	<a href="http://feelingswheel.com">http://feelingswheel.com</a>	Wheel of feelings to support your child's emotional development.	Multi-Age
Generations United	<a href="https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf">https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf</a>	COVID-19 fact sheet for multi-generational families	Multi-Age
NEW Harvard Graduate School of Education	<a href="https://www.gse.harvard.edu/news/uk/20/07/making-smooth-transition">https://www.gse.harvard.edu/news/uk/20/07/making-smooth-transition</a>	Parenting strategies to help ease young children's worries about going back to school	Multi-Age
Inter-Agency Standing Committee	<a href="https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you">https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you</a>	Storybook on COVID-19, My Hero is You. Available in	Multi-Age

		multiple languages.	
Iris Center	<a href="https://iris.peabody.vanderbilt.edu/module/c19/">https://iris.peabody.vanderbilt.edu/module/c19/</a>	Supporting early learning during the pandemic	Multi-Age
My Big Feelings and the Big Bad Virus	<a href="https://www.mybigfeelings.com">https://www.mybigfeelings.com</a>	Pdf book and coloring book on having big feelings during COVID-19	Multi-Age
National Association of School Psychologists	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19</a>	How to have conversations with children on COVID-19	Multi-Age
NEW National Center for Pyramid Model Innovations	<a href="https://challengingbehavior.cbcs.usf.edu/emergency/index.html">https://challengingbehavior.cbcs.usf.edu/emergency/index.html</a>	Emergencies and national disasters: helping children and families cope	Multi-Age
NEW National Center on Early Childhood Development, Teaching and Learning	<a href="https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/supporting-transitions-brief-one.pdf">https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/supporting-transitions-brief-one.pdf</a>	Supporting child transitions using child development as a guide	Multi-Age
National Public Radio-NPR	<a href="https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus">https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus</a>	How to have conversations with children on COVID-19	Multi-Age
National Traumatic Stress Network	<a href="https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin">https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin</a>	Information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties	Multi-Age
Nemours, KidsHealth	<a href="https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr">https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr</a>	Parenting and COVID-19.	Multi-Age
New York Life	<a href="https://www.newyorklife.com/foundation/for-families">https://www.newyorklife.com/foundation/for-families</a>	Articles on speaking with your child	Multi-Age

		about death and grief	
NYU Langone Health	<a href="https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic">https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic</a>	Parent's guide for meeting the challenge during to COVID-19 pandemic	Multi-Age
Parents As Teachers - PAT	<a href="https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact+ParentsAsTeachers+ImpactonHealth+5+6+15.pdf">https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact ParentsAsTeachers ImpactonHealth 5 6 15.pdf</a>	Parents health fact sheet	Multi-Age
Positive Parenting	<a href="https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/">https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/</a>	Video resource about talking with children about COVID-19	Multi-Age
Ready.gov	<a href="https://www.ready.gov/helping-children-cope">https://www.ready.gov/helping-children-cope</a>	Helping children cope in disasters	Multi-Age
NEW ReadyRosie	<a href="https://www.youtube.com/playlist?list=PLwIEmpfEbAlK2ZmKkXCTF2admTAo50p">https://www.youtube.com/playlist?list=PLwIEmpfEbAlK2ZmKkXCTF2admTAo50p</a>	Modeled moments in COVID-19 videos	Multi-Age
Sesame Workshop	<a href="https://www.sesameworkshop.org/">https://www.sesameworkshop.org/</a>	Dealing with times of uncertainty	Preschool
Sesame Street Caring	<a href="https://www.sesamestreet.org/caring">https://www.sesamestreet.org/caring</a>	Updated information on caring for children during Covid 19	Multi-Age
Trauma Informed DE	<a href="https://traumainformedde.org/">https://traumainformedde.org/</a>	Trauma informed resources	Multi-Age
Understood	<a href="https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids">https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids</a>	Building resilience in kids: what it means and how to do it	Multi-Age
UNICEF	<a href="https://www.unicef.org/coronavirus/covid-19-parenting-tips">https://www.unicef.org/coronavirus/covid-19-parenting-tips</a>	Parenting tips during COVID-19.	Multi-Age
NEW Yale Medicine	<a href="https://www.yalemedicine.org/stories/talk-to-kids-covid/">https://www.yalemedicine.org/stories/talk-to-kids-covid/</a>	Talking to children about	Multi-Age

		COVID-19 and other current issues	
Zero to Three	<a href="https://www.zerotothree.org/">https://www.zerotothree.org/</a> <a href="https://www.zerotothree.org/resources/series/magic-of-everyday-moments">https://www.zerotothree.org/resources/series/magic-of-everyday-moments</a>	<p>COVID-19 Tips for Families with children ages birth-3.</p> <p>Videos and articles on improving your child’s social, emotional, and intellectual development through interactions with your baby during everyday moments.</p>	Birth – Age 3
Zero to Thrive	<a href="https://zerotothrive.org/covid-19/covid-19-kids/">https://zerotothrive.org/covid-19/covid-19-kids/</a>	Pdf coloring book focused on feelings	Multi-Age

Community Resources		
Resource	Website Link	About
American Academy of Child and Adolescent Psychiatry	<a href="https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx</a>	Resources for helping children and families cope amidst COVID-19
<b>Basic Needs</b>  Catholic Charities  <b>NEW CDC</b>	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>  <a href="https://m.emailupdates.cdc.gov/rest/head/mirrorPage/@X1CDwNH1YBto7fUUUcjp_w_kHNRpxv2qfOLRYuhoOKJwHJY8KbSOHd5vkAc4EF4K0vUmRBEXXbrFm1hG95Z-H0WtEtry6dQnfzRC72B9iixVrH4GZ.html">https://m.emailupdates.cdc.gov/rest/head/mirrorPage/@X1CDwNH1YBto7fUUUcjp_w_kHNRpxv2qfOLRYuhoOKJwHJY8KbSOHd5vkAc4EF4K0vUmRBEXXbrFm1hG95Z-H0WtEtry6dQnfzRC72B9iixVrH4GZ.html</a>  <a href="https://digiknow.dti.delaware.gov">https://digiknow.dti.delaware.gov</a>	<p>Case management services, financial literacy education, budget counseling, job readiness, rent/mortgage/utility assistance, diaper bank, food assistance, and resource and referral services.</p> <p>Guidelines for celebrating Thanksgiving</p>

<p>Cyber Security</p> <p>FEMA</p> <p>First State Community Action Agency</p> <p>Free Diapers</p> <p>Delmarva Power</p> <p>National Public Radio</p>	<p><a href="https://www.fema.gov/Coronavirus-Rumor-Control?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://www.fema.gov/Coronavirus-Rumor-Control?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a></p> <p><a href="https://www.firststatecaa.org/services.htm">https://www.firststatecaa.org/services.htm</a></p> <p><a href="https://nationaldiaperbanknetwork.org/member-directory/">https://nationaldiaperbanknetwork.org/member-directory/</a></p> <p><a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a></p> <p><a href="https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content=">https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content=</a></p>	<p>Tips on internet security</p> <p>COVID-19 rumor control</p> <p>Emergency services, state rental assistance program, comprehensive case management, and other services</p> <p>Diaper bank</p> <p>COVID-19 information regarding energy/electric services</p> <p>Disinfecting groceries</p>
<p>The Centre for Addiction and Mental Health</p>	<p><a href="https://www.camh.ca/en/health-info/mental-health-and-covid-19">https://www.camh.ca/en/health-info/mental-health-and-covid-19</a></p>	<p>Mental health and COVID-19 pandemic</p>
<p>Child Inc DE</p>	<p><a href="https://www.childinc.com/">https://www.childinc.com/</a></p>	<p>Variety of services for children &amp; families</p>
<p>Child Care of America</p>	<p><a href="https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15">https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15</a></p>	<p>Webcast- Caring for Children with Special Health Care Needs During COVID-19</p>
<p>CorePower Yoga</p>	<p><a href="https://www.corepoweryogaondemand.com/keep-up-your-practice">https://www.corepoweryogaondemand.com/keep-up-your-practice</a></p>	<p>Free on-demand yoga classes</p>
<p>Delaware Department of Child Youth and Families</p>	<p><a href="https://kids.delaware.gov">https://kids.delaware.gov</a></p>	<p>Child Priority Response Hotline at 1-800-969-HELP(4357) for crisis intervention.</p> <p>For help with general behavioral health guidance, questions and support, reach out to the DSCYF Access Unit at 1-800-722-7710 or email <a href="mailto:DSCYF_Intake_General@delaware.gov">DSCYF_Intake_General@delaware.gov</a>. Youth can also text the crisis text line by texting DE to 741-741</p>

Delaware Immigrant Fund	<a href="https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;sdata=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hzY2NoGhS0%3D&amp;reserved=0">https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;sdata=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hzY2NoGhS0%3D&amp;reserved=0</a>	Cash assistance for DE immigrants impacted by COVID-19
Delaware Libraries	<a href="https://lib.de.us/">https://lib.de.us/</a>	Variety of resources provided by the libraries.
Delmarva Power	<a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a>	Support for customers during COVID-19
Disaster and Community Crisis Center, University of Missouri	<a href="https://dcc.missouri.edu/youth-families.html">https://dcc.missouri.edu/youth-families.html</a>	Building resilience for children and dealing with media coverage of a disaster
Easterseals	<a href="https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html">https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html</a>	Easterseals Relative Respite Program is a program designed to support grandparents or other relatives who are raising children because the parent is no longer able to do so.
<b>Food Distribution</b>		
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	Food distribution site
DE Food Pantries	<a href="https://www.foodpantries.org/st/delaware">https://www.foodpantries.org/st/delaware</a>	Mobile Pantry program
Food Bank:	<a href="https://www.fbd.org/">https://www.fbd.org/</a> <a href="https://www.fbd.org/healthy-pantry-center/">https://www.fbd.org/healthy-pantry-center/</a> <a href="https://www.fbd.org/program/senior-nutrition/">https://www.fbd.org/program/senior-nutrition/</a> <a href="https://www.fbd.org/program/mobile-pantry/">https://www.fbd.org/program/mobile-pantry/</a>	Healthy Pantry Centers located at our Milford and Newark branches. Senior Nutrition program
Fresh EBT	<a href="https://www.freshebt.com/state/delaware/">https://www.freshebt.com/state/delaware/</a>	Food assistance



Healthy Children	<a href="https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Keep-Hand-Sanitizer-Out-of-Childrens-Reach.aspx">https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Keep-Hand-Sanitizer-Out-of-Childrens-Reach.aspx</a>	Information on hand sanitizers
<b>Homeless Families</b>  Delaware Housing Authority-Continuum of Care-CoC  School House Connection	<a href="https://www.housingalliance.org/the-delaware-continuum-of-care">https://www.housingalliance.org/the-delaware-continuum-of-care</a>  <a href="https://www.housingalliance.org/covid-19-resources">https://www.housingalliance.org/covid-19-resources</a>  <u>COVID-19 and Homelessness:</u>  <a href="https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/">https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/</a>  <u>Strategies for Schools and Early Learning Programs [Get the Strategies]</u>	The Delaware CoC is a community-based collaborative that ensures a responsive, fair, and just approach to addressing homelessness, and strives to achieve housing for all.  Guidance for Schools and Early Learning Programs.  Article on ways to protect infants, toddlers and preschoolers experiencing homelessness during COVID-19.
Kids Healthy Eating Plate	<a href="https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/">https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/</a>	Child-friendly visual for healthy eating while at home.
Library Services	<a href="https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3">https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3</a>	Online library services.
Lifeline	<a href="https://www.usac.org/lifeline/">https://www.usac.org/lifeline/</a>	Lifeline is a federal program that offers a monthly benefit of up to \$9.25 towards phone or internet services for eligible subscribers
<b>Mental Health</b>  CASEL CARES  CDC  Center for Pyramid Model Innovations	<a href="https://casel.org/resources-covid">https://casel.org/resources-covid</a>  <u>Helping Children Cope with Emergencies</u> <a href="https://www.cdc.gov/coronavirus/2019-ncov/daily-life- coping/managing-stress-anxiety.html">https://www.cdc.gov/coronavirus/2019-ncov/daily-life- coping/managing-stress-anxiety.html</a>  <a href="https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf">https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf</a>	Social emotional resource  Coping with emergencies. Managing stress and anxiety.  Infographic on helping your child during the pandemic.

Child Trends	<a href="http://childtrends.org">childtrends.org</a>	Ways to promote children’s resilience.
Delaware Department of Services for Children Youth & Families	<a href="https://kids.delaware.gov/pbhs/families-emergency-services.shtml">https://kids.delaware.gov/pbhs/families-emergency-services.shtml</a>	DE hotline for de-escalation of crisis situation for children under and over 18 years old.
NEW DE Division of Prevention and Behavioral Health	<a href="https://coronavirus.delaware.gov/mental-health-resources/">https://coronavirus.delaware.gov/mental-health-resources/</a> <a href="https://kids.delaware.gov/pbhs/pbhs.shtml">https://kids.delaware.gov/pbhs/pbhs.shtml</a>	Self-care resources
Delaware Mental Health Resources and Information	<a href="https://mentalhealthde.com/">https://mentalhealthde.com/</a>	Facts about mental health and wellness, preventing and treating mental illness, suicide prevention and more.
Delaware Positive Behavior Support	<a href="http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/">http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/</a>	Mental Health Resources- COVID-19 Response and Recovery
Early Childhood Learning Knowledge Center- ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery">https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery</a>	Handouts, websites, and videos on supporting positive behavior at home.
Echo Autism	<a href="https://echoautism.org/parent-resources-during-covid-19/">https://echoautism.org/parent-resources-during-covid-19/</a>	COVID-19 autism resources
Help is Here Delawre	<a href="https://www.helpisherede.com/#recovery">https://www.helpisherede.com/#recovery</a>	Mental health/addiction recovery
Holistic Elevation	<a href="https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main">https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main</a>	Teletherapy for DE students and their families.
Jewish Family Services	<a href="https://www.jfsdelaware.org/coronavirus/">https://www.jfsdelaware.org/coronavirus/</a>	Remote access to therapy and case management team. JFS OnCALL, an emotional support hotline free to the community.
Mental Health America	<a href="https://mhanational.org/mental-health-month">https://mhanational.org/mental-health-month</a>	

National Alliance on Mental Illness-NAMI DE	<a href="https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources">https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources</a>	Mental health toolkit on topics such as finding the positive and connecting with others.  Mental illness resources
National Association on Mental Illness	<a href="https://www.nami.org/covid-19-guide">https://www.nami.org/covid-19-guide</a>	COVID-19 Guide
National Association of Families for Children’s Mental Health	<a href="https://www.ffcmh.org/covid-19-resources-for-parents">https://www.ffcmh.org/covid-19-resources-for-parents</a>	The collection of resources includes videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic.
National Association of School Psychologists	<a href="https://www.nasponlinge.org">https://www.nasponlinge.org</a>	Helping children cope.
National Child Traumatic Stress Network	<a href="https://www.nctsn.org">https://www.nctsn.org</a>	Mental illness resources
New York Times	<a href="https://www.nytimes.com/guides/well/mindfulness-for-children">https://www.nytimes.com/guides/well/mindfulness-for-children</a>	Article on mindfulness for children
Office of Child Care	<a href="https://childcare.gov/covid-19">https://childcare.gov/covid-19</a>	ChildCare.gov includes information to help families and child care providers learn more about the impact of COVID-19 in their state or territory, including ways to find emergency care.
Parent Information Center of DE-PIC	<a href="https://picofdel.org/">https://picofdel.org/</a>	Variety of resources for individuals with disabilities
Prevent Child Abuse Delaware	<a href="https://www.preventchildabuse.org/">Prevent Child Abuse Delaware</a>	Parenting in times of crisis
NEW Seattle’s Children Hospital	<a href="https://www.seattlechildrens.org/contact/odessa-brown/programs-partnerships/mindfulness-program/">https://www.seattlechildrens.org/contact/odessa-brown/programs-partnerships/mindfulness-program/</a>	Free mindfulness groups for parents

<p><b>NEW School Clinical and Consulting Services</b></p> <p>University of Delaware-DE PBS Project</p> <p>University of Wisconsin-Madison</p> <p>Yale University</p> <p>Zero To Three</p>	<p><a href="https://kevinplummerphd.com/support-your-children-at-home-during-a-stressful-time/">https://kevinplummerphd.com/support-your-children-at-home-during-a-stressful-time/</a></p> <p><a href="http://wh1.oet.udel.edu/pbs/resources-for-families/">http://wh1.oet.udel.edu/pbs/resources-for-families/</a></p> <p><a href="https://www.waisman.wisc.edu/covid-19/#coping">https://www.waisman.wisc.edu/covid-19/#coping</a></p> <p><a href="https://covid.yale.edu/resources/cscrecs/">https://covid.yale.edu/resources/cscrecs/</a></p> <p><a href="https://www.zerotothree.org/resources/3406-mindfulness-practices-for-families">https://www.zerotothree.org/resources/3406-mindfulness-practices-for-families</a></p> <p><a href="https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus">https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus</a></p>	<p>Modules on supporting children and ourselves: coping during COVID-19</p> <p>Positive behavior and learning at home</p> <p>Coping</p> <p>Family resources and suggestions for coping with COVID-19.</p> <p>Mindfulness practices for young children (e.g. Balloon breathing)</p> <p>Tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.</p>
<p>National Center for Families Learning</p>	<p><a href="https://www.familieslearning.org/?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://www.familieslearning.org/?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a></p>	<p>Online interactive game to teach children and parents basic budgeting skills, help families start the conversation about money management and more.</p>
<p>Orange Theory</p>	<p><a href="https://www.orangetheory.com/en-us/athome/">https://www.orangetheory.com/en-us/athome/</a></p>	<p>Daily free workouts</p>
<p>Planet Fitness</p>	<p><a href="https://www.facebook.com/planetfitness/">https://www.facebook.com/planetfitness/</a></p>	<p>Free home workouts during COVID-19</p>
<p><b>Resource and Referral 211</b></p> <p>Children and Families First</p> <p>Catholic Charities</p>	<p><a href="https://www.delaware211.org/">https://www.delaware211.org/</a></p> <p><a href="https://www.cffde.org/newsroom">https://www.cffde.org/newsroom</a></p> <p><a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a></p>	<p>Connect with nonprofits and agencies in need of support in light of COVID-19.</p> <p>Update on programs and services provided by Children and Families First.</p>

Screening For Life	<a href="https://dhss.delaware.gov/dph/dpc/sfl.html">https://dhss.delaware.gov/dph/dpc/sfl.html</a>	Cancer screening
Sesame Street Communities	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>	Community Support during COVID-19
Sexual Assault Response Center	<a href="https://www.rainn.org/about-national-sexual-assault-telephone-hotline">https://www.rainn.org/about-national-sexual-assault-telephone-hotline</a>	Teletherapy for those individuals dealing with domestic and/or sexual violence.
<b>NEW Shatter Proof</b>	<a href="https://www.shatterproof.org/workplace">https://www.shatterproof.org/workplace</a>	Addiction in the workplace
<b>State and Federal COVID-19 Resources:</b>  2020 Census           Benefits.gov           IRS	<a href="#">Learn more about Census Bureau adjustments due to COVID-19</a>  <a href="#">Nickelodeon</a>  <a href="#">Statistics in Schools</a>  <a href="#">Sesame Street</a>  <a href="https://www.benefits.gov/help/faq/Coronavirus-resources">https://www.benefits.gov/help/faq/Coronavirus-resources</a>  <a href="https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments">https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments</a>  <a href="http://www.irs.gov/coronavirus/non-filers-enter-payment-info-here">www.irs.gov/coronavirus/non-filers-enter-payment-info-here</a>	2020 Census COVID-19 adjustments  Videos, flyers, and social media tools  Resources that can be used for at-home and distance learning.  PSAs, flyers, and worksheets.  Variety of federal government benefits information  COVID-19 tax relief and economic impact payments  How to access stimulus checks without having filed taxes
<b>NEW Substance Abuse and Mental Health Services Administration</b>	<a href="https://www.samhsa.gov/underage-drinking">https://www.samhsa.gov/underage-drinking</a>	Substance use prevention campaign helps parents start talking to their children early about the dangers of alcohol and other drugs
Sussex County Health Coalition	<a href="https://www.sussexcoalition.org">https://www.sussexcoalition.org</a>	Community resources
<b>Transportation DART</b>	<a href="https://dartfirststate.com/">https://dartfirststate.com/</a>	Rider information, schedules, and updates

<b>Unemployment</b> Department of Labor	<a href="https://ui.delawareworks.com">https://ui.delawareworks.com</a>	File for unemployment insurance claim
YMCA	<a href="https://virtually.ymcade.org">https://virtually.ymcade.org</a>	Live and on-demand fitness classes, including family classes.