

# How to Respond to Positive COVID-19 Tests & Close Contacts in Child Care

## What is the definition of a close contact in child-care?

**Close Contacts:** In child care, any child or adult within 6 feet sustained for 15 minutes or more regardless of mask use.

**Not Close Contacts:** Anyone more than 6 feet from an infected child or adult.

### TEST POSITIVE FOR COVID-19

#### ISOLATE – For 5 days, regardless of vaccination status

- Report positive case to facility COVID coordinator.
- Provide information for any close contacts from the child care environment.
- **With Symptoms:**
  - 1) You can end isolation **5 days after** symptoms first appeared
    - **IF:** 24 hours with no fever without the use of fever-reducing medications
    - **IF:** Other symptoms of COVID-19 are improving (loss of taste/smell may last weeks and should not delay end of isolation)
    - **AND:** You must wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- **Without Symptoms:**
  - **Isolate for 5 days** since your positive COVID-19 test. You must wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- **If you are unable to wear a mask, isolate for 10 days**

### CLOSE CONTACTS

#### IF YOU:

- Are **up to date** with your vaccines.
- You had a viral-test confirmed case of COVID-19 within the last 90 days.

\***Up to date:** means received all vaccines including 3<sup>rd</sup> doses for immunocompromised, plus boosters when eligible (5 months after 2<sup>nd</sup> dose of Pfizer/Moderna or 2 months after J&J)

#### THEN:

- **No quarantine** is necessary
- **Wear a well-fitting mask for 10 days** around others both at home, and when not at home
- Test on day 5 after your exposure if possible (not required if positive COVID-19 test in last 90 days)
- If symptoms develop, isolate at home immediately and get a test.

#### IF YOU:

- Are unvaccinated, or partially vaccinated
- You are **NOT up to date** with vaccines.

#### THEN:

- Stay home (**quarantine**) for **5 days**.
- **Wear a well-fitting mask** around others at home and outside of home for **another 5 days**
- Test on day 5 after your exposure if possible
- If symptoms develop, isolate at home immediately and get a test.

#### IF YOU:

- Are unable to wear a mask, such as if under age 2

#### THEN:

- Stay home (**quarantine**) for **10 days**.

## Read Updated CDC Guidance on Isolation and Quarantine

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#closecontact>

### Social Distancing in Child Care Facilities

CDC recommends **child care facilities maintain at least 6 feet of physical distance between children, combined with indoor mask wearing** to reduce transmission risk. When it is not possible to maintain a physical distance of at least 6 feet, such as when facilities cannot fully re-open while maintaining these distances, it is **especially important to layer multiple other prevention strategies**.